

Welcome!

Are you interested in the field of eating disorders? Then we have a lot in common!

My name is Shannon Lloyd, and I am your Student Liaison to the International Federation of Eating Disorder Dietitians (IFEDD). I am a senior Human Nutrition, Foods and Exercise-Dietetics major at Virginia Tech with a passion for the role the dietitian plays in the recovery journey of eating disorders. My goal is to connect with other nutrition and dietetics students interested in this area – like you!

Looking for a way to get involved? Join me as a Student Member of IFEDD!

IFEDD membership offers you an inside look into what this career path is like, through monthly e-newsletters, profiles of expert dietitians, recommendations of books and free webinars to enhance the education you get in school, and more. You will have the opportunity to network with Registered Dietitians virtually and in your area while collaborating with students across the country that share your interests. IFEDD dietitians want to encourage more students to pursue a specialty in eating disorders by providing us with opportunities and information to help us reach our goals.

IFEDD Student Membership is only \$10, and it's easy to join using PayPal.

If you are looking for ways to become involved and gain experience in this field, visit EDDietitians.com and click on Join IFEDD. If you would like more information, or if you are interested in volunteering with this great organization, please contact me at shannik3@vt.edu or Info@EDDietitians.com. I can't wait to hear from you, and look forward to getting to know you over the next year!

International Federation of Eating Disorder Dietitians



Eating Disorder Dietitians Are Amazing!

“My dietitian saved my life... I am a year into recovery and I feel great! I am currently in school to become a Dietitian. I hope to specialize in eating disorders so I can help others the way Rebecca helped me.”

“Who knew talking about food could be fun?! My dietitian opened my eyes to a whole new world! She took a girl who was terrified of food and helped her to love it and see it as ‘medicine’ required for life.”

“My dietitian gave me hope that I could have a healthy relationship with food and my body and she gave me the tools to get there. I am forever grateful!”

“It wasn't until I met with a Registered Dietitian that my recovery began... She is the reason I am an undergraduate in dietetics today. She showed me what a difference a dietitian can make in someone's life who is struggling with weight, food, and emotions!”

Are you a future Eating Disorder Dietitian? IFEDD wants to help!

- Over 200 members around the world leading the way
- Online profiles of Eating Disorder Dietitians to inspire you
- Updates on developments in the eating disorder field
- Support for your graduate or undergraduate research on eating disorders
- Information on dietetic internships that provide eating disorder rotations
- Free webinars to help you learn about eating disorders and the RD's role
- Networking and mentorship when you are looking for a job
- Volunteer opportunities to gain experience
- Connections with Eating Disorder Dietitians in your area
- Support to become a Certified Eating Disorder Dietitian (CEDRD)

With IFEDD at your side, your future looks bright!

Join us today as a Student Member using PayPal at EDDietitians.com or email IFEDD Student Ambassador Shannon at Shannik3@vt.edu with any questions.